

Sakhi for South Asian Women

Our Impact in 2021: Community at our Center

This year, we received **over 1,500 calls** to our phone, text, and email helplines. Expanding our crisis response from last year, we **distributed \$415,000** to support food, educational, rental, and other basic needs to survivors throughout 2021 – nearly **three times** the amount of funding that we distributed throughout 2020.

Safe and affordable housing is essential to well-being and growth

45

In a **25% increase from 2020**, 45 survivors received \$325,000 in housing assistance from Sakhi, 24 of whom are supported with **guaranteed, long-term rental assistance**, including moving and utility expenses.

Listening to youth is how we prevent the cycle of violence from continuing

45

45 young folks participated in Sakhi's Youth Empowerment Program through our **arts and social justice programming** and 24 youth survivors received counseling services.

Healing necessitates emotional safety and sanctuary

95

We offered both **1:1 and group counseling to 95 survivors** through our trauma-informed Mental Health Program, which saw a 23% increase its caseload from 2020.

Economic justice is labor justice is gender justice

200

Sakhi's Economic Empowerment Program saw a 46% increase in survivors served from 2020, providing **200 survivors with career training, public benefits support, ESL classes, and more.**

Culturally- and linguistically-responsive resources should be widely accessible

450

We provided **450 survivors with individual crisis intervention and/or case management in eight South Asian languages:** Bengali, Gujarati, Hindi, Malayalam, Nepali, Punjabi, Sylheti, and Urdu.

Achieving food justice is essential to realizing basic rights

\$30,000

Sakhi's Food Justice Program invested \$30,000 in food assistance for **70 families through our two pantries, 640 grocery deliveries, and food cards.**

We trust survivors to envision their own pathways to healing

\$60,000

Sakhi distributed **\$60,000 in emergency cash assistance to survivors.** These funds covered basic needs and **enabled pathways to safety.**